

SQUAD		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TOTAL HOURS		
ACADEMY 1/1a/1b	SWIM TIME					18:00-18:30 - Academy 1			1 = 30 mins		
	COACH					18:30-19:15 - Academy 1a			1a & 1b = 45 mins		
	POOL					19:15-20:00 - Academy 1b					
	HOURS					Jenna & Imogen Fairfield 2hrs					
ACADEMY 2	SWIM TIME					18:00 - 19:00		07:30-08:30	2		
	COACH					Jenna		Hazel			
	POOL					Fairfield		Fairfield			
	HOURS					1 hr		1 hr			
DEVELOPMENT 1	SWIM TIME		19:30-20:30			18:00 - 19:00		07:30-08:30	3		
	COACH		Nick & Hazel			Nick		Nick			
	POOL		Dartford Girls Grammar			Fairfield		Fairfield			
	HOURS		1 hr			1 hr		1 hr			
DEVELOPMENT 2	SWIM TIME	19:30-21:00				19:00 - 20:00		14:00-15:30	4		
	COACH	Emma				Emma Coppen		Emma			
	POOL	Fairfield				Fairfield		Fairfield			
	HOURS	1 hr 30				1 hr		1 hr 30			
JUNIOR COMPETITION	SWIM TIME		19:00-21:00	19:00-21:00	19:00-21:00	19:00-20:00		07:00-08:30	7.5		
	COACH		Steven	Steven	Steven	Steven		Kim & Nick		Steven	
	POOL		Eric Liddle	Fairfield	Eric Liddle	Fairfield		Fairfield		Fairfield	
	HOURS		2hrs - Group 1	1 hr 30	2hrs - Group 2	1 hr		1 hr 30		1 hr 30	
SENIOR COMPETITION	SWIM TIME		19:00-21:00			20:00-21:30		07:00-08:30	6.5		
	COACH		Steven			Steven		Steven		Kim & Nick	Steven
	POOL		Eric Liddle			Eric Liddle		Fairfield		Fairfield	Fairfield
	HOURS		2hrs - Group 1			2hrs - Group 2		1 hr 30		1 hr 30	1 hr 30
PERFORMANCE	SWIM TIME	19:30-21:45	20:00-21:30	19:30-21:45	18:00-20:30	20:00-21:30			11.5		
	COACH	Kim	Kim	Kim	Kim	Kim				Kim & Nick	
	POOL	Fairfield	Fairfield	Fairfield	White Oaks	Fairfield				Fairfield	
	HOURS	2hrs 15	1 hr 30	2hrs 15	2hrs 30	1 hr 30				1 hr 30	